

Know Yourself. Shape your Future.

# PSYCH 203 PSYCHOLOGY FOR EVERYDAY LIFE

This TUITION-FREE\*\* dual-credit program explores how psychology shapes the way we think, feel, and behave. Students examine human development, relationships, stress, mental health, and decision-making through real-world examples and current research.

## Career Alignment

### Healthcare & Social Services:

- Foundational knowledge for nursing, therapy, social work, and mental health fields.

### Education & Human Services:

- Insight into learning, development, and communication.

### Business & Leadership:

- Understanding motivation, behavior, and decision-making in teams and organizations.

## Academic Awards

- Earn 5 CTS credits and 3 University of Calgary credits while gaining insight into the science of human behavior.

In Partnership with:



**UNIVERSITY OF CALGARY**  
FACULTY OF ARTS

## UNLOCK YOUR FUTURE

Are you ready to **DISCOVER** what drives human behavior and why it matters? This program equips you with the insight and analytical skills to better understand yourself and others. Whether you're interested in healthcare, education, business, human resources, social services, or simply developing stronger interpersonal skills, psychology provides a foundation that applies everywhere.

## KEY LEARNING

- Understand core psychological theories related to behavior, development, and mental health.
- Strengthen critical thinking and research skills.
- Explore how stress, motivation, memory, and emotion influence daily life.
- Apply psychological concepts to relationships, communication, and personal growth.
- Develop evidence-based reasoning skills valued across multiple career paths.

## Is this right for me?

- Are you curious about why people think, feel, and act the way they do?
- Do you enjoy analyzing real-world issues and understanding different perspectives?
- Are you considering a future in healthcare, education, social sciences, or leadership roles?



Scan to find out more

**COMPLETE THIS  
COURSE IN  
Fall 2026**

